

Mindful Health Solutions COVID-19 Safety Measures

Your physicians and care team at Mindful Health Solutions are committed to you, your treatment, and your safety. We are vigilant; heeding all federal, state, and local health advisories; and adjusting efforts to safeguard the health and safety of our patients and employees. To date, we have taken the following precautionary measures:

- **All patients are required to complete a COVID-19 Screener** prior to arrival at our clinic.
 - Screener is located on the Patient Portal.
 - If the screener is not complete, patients will be asked to complete upon arrival.
- **All patients will receive a temperature check** upon arrival.
 - A contactless thermometer will be used to take the temperature.
 - Anyone with fever will be asked to reschedule the appointment.
- **All patients are required to wear a surgical, breathable mask distributed to them** in the clinic and remove any personal mask or face covering upon arrival.
 - Mask must securely cover mouth and nose, adjusting the top of the mask to contour against bridge of nose during the duration of their visit to the clinic.
 - Upon departure, surgical mask can be disposed of as it is for single-use.
- **Friends and Family members are asked to stay home** or wait in the building lobby to reduce potential exposure.
- **All employees (including physicians) are required to complete a COVID-19 Screener daily** before coming into the clinic.
- **All employees will receive a temperature check** upon arrival.
 - A contactless thermometer will be used to take the temperature.
 - Anyone with fever will not be able to enter the clinic.
- **All employees are required to wear a mask** (surgical or N95) within the clinic at all times.
- **All technicians and physicians are required to wear an N95** mask during treatments.
- **All technicians and physicians are required to wash their hands or use an alcohol-based sanitizer** before and after each treatment.
- **All devices, treatment rooms, and door handles will be thoroughly disinfected** after each treatment using a comprehensive checklist and wiping down all surfaces.
- **All clinics will follow strict cleaning protocols** for the check-in kiosks, lobby surfaces, paying close attention to high touch areas.
- **All employees and patients are encouraged to practice social distancing** (6ft or greater) when possible throughout the day.

We regularly provide all our clinics with the most up-to-date safety guidelines and protocols, as recommended by the CDC and other health officials.

Should you have any questions, please let us know.